IMPORTANT DATES

TERM 4

WEEK 4
26 OCT—Swim School
26 OCT—Life Skills K-6
28 OCT—Kinder 2016 Orientation
30 OCT—WEEKLY ASSEMBLY 12:05PM

WEEK 5
2 Nov—Life Skills K-6
5 Nov—Kinder 2016 Orientation
6 NOV—WEEKLY ASSEMBLY 12:05PM

WEEK 6
9 Nov—Life Skills K-6
11 Nov—Kinder 2016 Orientation
11 Nov—Jets Women Soccer Coaching

WEEK 7
16 Nov—Life Skills
19 Nov—School Leaders 2016 Speeches & Voting
20 Nov—Yr 6 Fun Day

*** PLEASE NOTE ***
CHANGE OF ASSEMBLY TIMES IN WEEK 4 & 5

Grandparent’s Day
It was fantastic to see so many Grandparents and family members at our Grandparent’s Day. The children were very excited to share their classrooms and work on the day. Thank you to all who came and supported our school.

Kuluwayn Leaders
Leah P and Gemma D represented our school beautifully at the Cessnock Community Connect event. The girls opened the event with presenting the Acknowledgment to Country. A fantastic effort! Well done girls!

Crazy Hair Day
Our Crazy Hair Day was a huge success, raising $170 for the team ‘Le Krasey Krew’ that participated in Relay for Life. It was wonderful to see so many creative hair styles on the day! Thank you for your support.

Relay For Life
Klay W in Year 1 was a team member of ‘Le Krasey Krew’ at Relay for Life. He helped with fundraising at the event by selling his pet rocks, crocheted coat hangers and stickers. Well done Klay! The team raised a total of $3069. What a great effort!
Kookaburra Awards

<table>
<thead>
<tr>
<th>Mrs Singleton</th>
<th>Mrs Pitt</th>
<th>Miss Rawlins</th>
<th>Miss Williams</th>
<th>Mrs Manderson</th>
<th>Mr McLoughlin</th>
<th>Mrs Graham</th>
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<tbody>
<tr>
<td>Sam D</td>
<td>Mary W</td>
<td>Jack B</td>
<td>Jason W</td>
<td>Lachlan W</td>
<td>Louise D</td>
<td>Kye B</td>
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<tr>
<td>Kirsty F</td>
<td>Isla H</td>
<td>Rubi s</td>
<td>Ashley H-J</td>
<td>Oliver C</td>
<td>Gemma-Rose D</td>
<td>Izaiah W</td>
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<td>Tyger L</td>
<td>Pierah K</td>
<td>Kaydence B</td>
<td>Jackson H</td>
<td>Korey T</td>
<td>Isabelle P</td>
<td>Graidey S</td>
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<td>Evie M</td>
<td>Saranah R</td>
<td>Harmony L</td>
<td>Malakai L</td>
<td>Jade M</td>
<td>Leah-Maree P</td>
<td>Jarrah W</td>
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<td>Montannah V</td>
<td>Nate R</td>
<td>Paige C</td>
<td>Bailey I</td>
<td>Madison K</td>
<td>Tamara H</td>
<td>Darcy R</td>
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<td>Tyger L</td>
<td>Clare C</td>
<td>Owen H</td>
<td>Lilly B</td>
<td>Callum Mc</td>
<td>Jordarna B</td>
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<td>Koa P</td>
<td>Tenniel eP</td>
<td>Darcy P</td>
<td>Nathan G</td>
<td>Cortney S</td>
<td>Chelsea P</td>
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<tr>
<td>Riley C</td>
<td>Klay W</td>
<td>Samuel A</td>
<td>Jorja K</td>
<td>Harley M</td>
<td>Zoe G</td>
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Principals Awards

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<tr>
<th>Thomas B</th>
<th>Sam A</th>
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<tr>
<td>Justin p</td>
<td>Klay W</td>
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Kindergarten Orientation

Kindergarten Orientation has begun and all students have enjoyed three sessions with our school so far. We look forward to the two remaining sessions, orientation dates are as follows:

4. **Thursday 5 November 2015 from 9:30am until 11am.** Come straight to the Kinder room. Parents leave your child here and collect him/her at 11am.

5. **Wednesday 11 November 2015 from 9:30am until 11am.** Come straight to the Kinder room. Parents leave your child here and collect him/her at 11am.

Oz Tag Gala Day

Kearsley Public School entered two teams into the NRL Oz Tag Gala Day. The day was built around fun and sportsmanship, with neither team keeping score. In 30 plus degree heat our two teams performed exceptionally well, receiving praise from the organisers of the event for their skills and sportsmanship. With only seven girls able to attend, they put in a huge effort playing for both teams, without a break between games. A special thank you to the parents who drove students and attended the day, without you the day could not have been such a success.
Grandparent’s Day

On Friday the 23rd of October Kearsley Public School celebrated Grandparent’s day. During the week classes discussed the importance of Grandparents and the special role they play in our family. We were delighted to see that classrooms had standing room only and the students were beaming with pride. After classroom visits, students and Grandparents shared a sausage sizzle and played games during lunch. After lunch our Grandparents stayed to watch our weekly assembly that included examples of our work and a heartfelt ‘Grandparent’s Song’ performed by our kindergarten class, which brought a tear to many eyes. A special thanks to Morton Meats for their generous donation of sausages for the sausage sizzle and to the stars of the day; Our Grandparents, for coming along and making it a wonderful day.

Year 7 Selective High School Placement-2017

If you are interested in applying for your child to attend a selective high school for year 7 in 2017 please note the following information.

-Parents must apply online at www.schools.nsw.edu.au/shsplacement
-Applications for entry in 2017 can be made online between 13 October 2015 and 16 November 2015.
-All applicants are required to sit the selective High School Placement Test to be held on Thursday 10 March 2016.

Intensive swimming

We have had a fantastic response to the swimming program, and despite some cold weather all 60 students participating are enjoying themselves. This is a 10 day program which commenced on Monday 26 October and will run until Friday 6 November. The total cost has been paid for by the school and a bus is transporting the children to and from the pool.

P & C News

Well, the day is almost here, the Cessnock Postie Bike Grand Prix is this Sunday, 1 November in the Cessnock Tafe grounds. The P&C are running a stall to raise funds to support our school. Please come down to the Tafe grounds, find our school’s stall and say hello. The P&C will be selling a variety of show bags, lucky dips, lollies, chips, fairy floss, cookies and cold drinks. Looking forward to a great day out – Let’s Go Postal!!!

Current Canteen Volunteers – As we are drawing to the end of the year, can you please contact Amy Archibald 0431891776, and let her know if you will be volunteering again next year. If anyone new would like to volunteer in the canteen next year, please also contact Amy Archibald. Every little bit helps and the children really appreciate it.

With Christmas fast approaching, the P&C are looking for generous local business’s who would like to donate vouchers or goods as prizes for the Christmas raffle. If you or someone you know, would like to donate something, please have them contact the school office. In return, for their generous donation, we can promote their business through the school newsletter and Facebook page.

The next P&C meeting will be held on Thursday 5 November 2015 at 1.30pm in the library (next Thursday). It’s a great way to find out what is happening in our school. Hope to see you there.
News from the Year 1 Classroom!

**YEAR 1**

Last Wednesday Kindy and Year 1 went to Flip Out and Maitland Park. I really liked the foam pit at Flip Out. First we listened to the rules then we put on our new socks and got a stamp on our hand. Next we jumped and did flips into the foam pit. After Flip Out we had lunch at Maitland Park. Finally we went back to school. I had an awesome time.  

By Jesse P.

Year 1 have been learning about Road Safety.

At Maitland Park students saw traffic lights and recognised the sign *STOP THINK LISTEN* and *LOOK* which we have been talking about in class during our road safety lessons.

In Geography Year 1 are learning from the unit “Places have distinctive features”. We have discovered Uluru and learnt about its important cultural significance. Look at how the size of Uluru compares to other prominent world icons!

Celebrating Grandparent’s Day!
HELP US SUPPORT
JODIE’S PLACE

Kearsley Public School is proudly a White Ribbon School. We would like to support Jodie’s Place our local women’s refuge by collecting items of need. They are in great need of toiletry items - anything you might use in the bathroom, they need it! Think toilet paper, deodorant, sanitary items, toothbrushes, toothpaste, hair care, plus baby items such as wipes and nappies.

Please consider picking up an extra item or 2 when you next shop, and drop it off to the office. Thank you for your support!

If you would like to make new friends or get involved in a community project come along to Cessnock Community Women’s Shed

Every Wednesday at 10.30 am
At the CYCOS building
49D Aberdare Road, Cessnock
On the second Wednesday of each month our meeting will be held in the D.I.Y area at Bunnings Cessnock

For more information please contact Marjorie on 0437 368 123
Email: cessnockwomensshed@gmail.com
Facebook: www.facebook.com/ccwshed

CCGPS Choir at Relay for Life
Kearsley Canteen Roster—Term 3, 2015

November

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<td>2</td>
<td>Catherine Crane</td>
<td>Amy Archibald</td>
<td>Davina Newell</td>
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<td>Tammy Crane</td>
<td>Vanessa Rockley</td>
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<td>Jane Hayes</td>
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<td>Teresa Hale</td>
<td>Colleen Coombes</td>
<td>Melva McLennan</td>
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<td>Colleen Coombes</td>
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<td>Amanda Penfold</td>
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<td>23</td>
<td>Catherine Crane</td>
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<td>Tammy Crane</td>
<td>Jodi Hodges</td>
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<td>Catherine/Tammy</td>
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All volunteers who work in the school canteen, reading groups or who volunteer and are on school grounds need to pay a membership fee to be covered for insurance purposes. Please pay your $2.00 P&C/Canteen membership to the school office ASAP. Amy Archibald is doing canteen rosters and can be contacted at amykarchibald@gmail.com for any questions regarding rosters.

THE CANTEEN IS NOW OPEN EVERY MONDAY!

SCHOOL BANKING

Please send in bank books every Thursday for Mrs. Duggan to process. Some great prizes can be earned for regular banking! Thank you.
Valuing your mind

Mental Health Month Activities are brought to you by the following local Hunter organisations and businesses:

Cessnock Schools as Community Centre Koe-nara

ACES Early Years Project
Free stuff for big school is best! Is your child attending kindergarten in 2016?
Come along for a fun, relaxed day.
Lunch including wraps/sandwiches/full plate.
Register for free blank packs.
Talk with the Awabakal health team including a nurse, nutritionist and hearing worker.
Meet staff from your local school, your Aboriginal Community Liaison Officer and other local support services.
Activities for the kids and so much more.
November 18th 2015
Peace Park, Cessnock Road, Weston. Time: 10:30-11:30
Lunch to follow.
Please RSVP on or before the 11th of November for catering purposes.
Contact Jane @ Koe-nara on 4970 5514 or Koe-nara@cessnock.nsw.edu.au
Or fill out the info and return to your local school/ preschool

Awabakal ACES Early Years Project

Term 4 playworks @ East, Thursdays 9am to 11am
Join in with others parents at our supported playgroup, songs, dancing and music with Lyn

Babies at Koe-Nara, Thursdays 12.30pm to 2pm
Meet new friends, find out about local services and what to expect next in your baby's development.

For more information contact Jane Hodgson on 49900354 or 0428 283 854 or Jane.Hodgson@det.nsw.edu.au or at Koe-nara, on the corner of Kearsley & Quarryhanging Sts, Aberdeen.
Please support Craig Richards (a parent of our school) who has generously tinted the classroom windows of 2 of our classrooms. The reduction in glare and heat will benefit our students for years to come. Thank you for your support Craig!

Nutrition Snippet

The simplest way
...to create a simple spring meal.

This easy and delicious vegetable frittata can be enjoyed hot for dinner, with leftovers served cold in kids' lunch boxes!

Ingredients (serves 4)
1/3 cup pasta (penne/tribhun)
100g mushrooms, sliced
1 medium onion, chopped
1 tbsp olive oil
1 medium tomato, chopped
6 eggs, whisked
1 medium zucchini, sliced thinly
2 tbsp parsley

Method
- Preheat oven to 180°C. Grease 20cm cake pan.
- Boil pasta in water until tender. Drain.
- Heat oil in large frying pan, cook onion, zucchini and mushrooms until just tender.
- Combine all ingredients in large bowl. Mix well.
- Pour mixture into prepared pan, bake for 45min.

Serve with a side salad.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

Nutrition Snippet

The simplest way
...to create a healthier brekkie.

Choose these simple, tasty swaps for your family's brekkie: they're fruit and veggie rich and will give you the energy to get through the day!

<table>
<thead>
<tr>
<th>Swap this Breakfast</th>
<th>For these Healthier Options</th>
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<tbody>
<tr>
<td>White toast</td>
<td>- Choose wholemeal&lt;br&gt;- Add fresh tomato or avocado&lt;br&gt;- Spread ricotta, top with sliced fruit for a sweet treat</td>
</tr>
<tr>
<td>Flavoured milk</td>
<td>- Make a fruit smoothie: blend frozen raspberries + honey + reduced fat milk + yoghurt</td>
</tr>
<tr>
<td>Rice bubbles</td>
<td>- Porridge or wheat biscuits topped with banana + a small amount of honey</td>
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For more information visit
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or join us at facebook.com/eatittobeatit